

Uncertain Umi

"What if I make the wrong choice?"



WHAT SHE'S THINKING/FEELING

- Wants to move forward but feels paralyzed by options
- Fears choosing the wrong path
- Feels hopeful but unsure of where to begin

WHAT SHE REALLY WANTS

- Clarity about her passions
- Confidence to take imperfect action
- Inner peace about her path

HOW COACHING CAN HELP

- Helps her quiet the noise and tune into her own voice
- Builds courage to take small, meaningful steps
- Supports her in crafting a path that aligns with who she's becoming