



**Ask Instead of Tell:  
10 Questions to Spark Insightful Conversations**



**What's most important to you in this situation?**

*Helps bring values and priorities to the surface*

**What outcome would feel best to you?**

*Supports clarity and ownership*

**What have you already tried?**

*Recognizes effort and avoids repeating what's been done*

**What does your gut say?**

*Invites intuition into decision-making*

**What feels unclear or unresolved for you?**

*Encourages exploration of confusion or discomfort*

**What support would be helpful for you right now?**

*Shifts focus from fixing to supporting*

**If you weren't afraid of failing, what would you do?**

*Unlocks bold thinking*

**What do you already know that you're not acting on?**

*Encourages inner wisdom and accountability*

**What's the real challenge here for you?**

*Helps get to the heart of the issue*

**How do you want to feel on the other side of this?**

*Moves focus from actions to emotional outcomes*