

Andy Ambiguity

"Everyone else seems to know what they're doing. I'm just floating."



WHAT HE'S THINKING/FEELING

- Unsure of what's next or how to choose
- Afraid of disappointing others—or himself
- Feels overwhelmed by the pressure to figure it all out

WHAT HE REALLY WANTS

- Direction
- Confidence to make decisions
- Relief from constant comparison

HOW COACHING CAN HELP

- Clarifies his values and personal direction
- Builds confidence in decision-making
- Helps him create a life aligned with who he is